

THE ASSAM JYOTI

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Chief Justice of India Surya Kant lays foundation for Integrated Judicial Court Complex in presence of Chief Minister Dr. Himanta Biswa Sarma



Ramen Bharali, Bongshar : Chief Justice of India Justice Surya Kant on 11 January laid the foundation stone of the Integrated Judicial Court Complex at Rangmahal, North Guwahati in presence of Chief Minister Dr. Himanta Biswa Sarma, Judges of the Supreme Court and the Gauhati High Court. Envisioned as a modern judicial hub, the new Judicial Court Com-

plex reflects Assam Government's commitment to strengthening institutions, improving access to justice and building people-centric infrastructure rooted in efficiency, dignity and trust. The Integrated Judicial Court Complex, to be built over 148 bighas of land at an estimated project cost of Rs. 1700 crore, will house the High Court building, High Court Ad- vocates' Building, High Court Office Building, the courts of Kamrup and Kamrup Metropolitan districts, parking facilities and other allied infrastructure. This state-of-the-art judicial complex has been designed as a centre of excellence, where multiple judicial functions will be operated under one roof. It is expected to enhance the efficiency of the justice delivery system *see page 10*

**Chief Minister Dr
Himanta Biswa Sarma
distributes MMUA seed
money in Howraghat**



Kheroni : On January 12, a significant cheque distribution programme under the Mukhya Mantri Mahila Udyamita Abhiyan (MMUA) took place at Dokmoka Higher Secondary School Playground, under Howraghat LAC in Karbi Anglong district. Chief Minister Dr. Himanta Biswa Sarma distributed Rs 10,000 as seed money (Entrepreneurship Fund grant-in-aid) to eligible women entrepreneurs from SHGs. 33,811 women beneficiaries (Nari-preneurs) received the assistance in this event. This contributes to the statewide total of 18,52,922 women empowered across 76 LACs so far, moving closer to the target of 40 lakh beneficiaries. Dignitaries present included KAAC Chief Tuliram Ronghang, Lok Sabha *see page 10*

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OYY
Contact No : 7086896392

PAKHILAAH
Resort

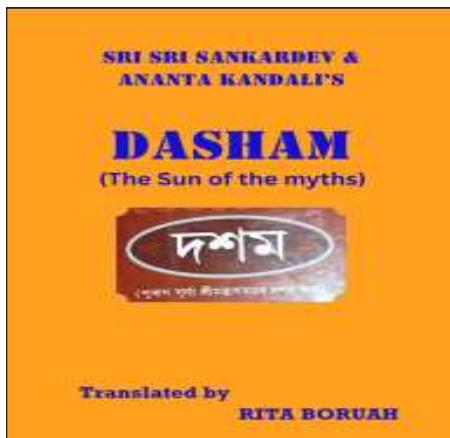


13 Kms from Uriagon Chowk. 100 meters from DIET in NH127, Nagaon
Kaziranga ByPass, Niz Bheleuguri, Opposite Samaguri Tea Factory, Nagaon(Assam)-782140

Srimadvagawata

Dasham, the tenth canto

Part-25



The sage Shuka asked the king to listen
To what miracle happened there after with Krishna.
Oneday Yoshoda was lulling Krishna on her lap
By and by the weight of Krishna began to increase
And, being unable to bear it
She brought Him down from her lap.
Yoshoda began to think of the matter
According to the order of Kansha, the demon Trinawarta arrived.
In the form of a child, he stormed the air
And covered the entire Gokul with a dark and dusty layer.
Violent sound of thunderbolt showered down like rain
For a moment, darkness of dust did not make Gokul free.
Nobody could recognise who was own
Yoshoda did not find her son where she brought him down
After sometime there blew a wind
And removed the dust and dust
Looking everywhere, when she did not find Krishna
Yoshoda lost her sense.
Sankar the slave to Krishna, composed it
Abandoning shame, worship Krishna's feet.

Part-27

Advice:

The duration of life is coming down by and by
Nobody knows where to leave the final breath
Beyond worshipping Krishna, there is no way to be saved.
Life is transient like a drop of water in a lotus- leaf
Suddenly added and suddenly disconnected
Like a fire of straw.
After great many religious austerities, you got human life
But you wasted it in vain
Having no knowledge, you do not understand
That you have to surrender to death.
Knowing it, o the wise,
Abandoning all, worship Krishna and adore His devotion.
In the age of Kali, there is nothing important
Beyond devotion to Krishna.
Devotion is our brothers, devotion is our destiny and super wealth
Devotion is our thinking, devotion is our salvation
Devotion is our own God.
Devotion is our conscience, devotion is our wealth
Devotion is the seed of salvation
Devotion is always our help and life and youth
Beyond devotion, we have no way of salvation.
Hence o the human beings
Endlessly praise Hari
And cite the name of Rama.

Rita Boruah
99545-94823

Reunion Meet of Retired Professors of Dibrugarh's Kanai Commerce College

Held: 95-Year-Old Professor imran Hossain Attends the Meetter, Dibrugarh

M Hashim Ali,
Dibrugarh : A reunion meet of the retired professors of the historic Hanumanbux Surajmal Kanai Commerce College, Dibrugarh, was held under the initiative of the college's Retired Teachers' Forum. The meeting was conducted under the chairmanship of Dr. Raghunath Barbora, former Principal and President of the College Managing Committee. During the meeting, the assembled retired professors fondly recalled the personality and qualities of the college's founding Principal, Dr. Lakshiprasad Dutta. They also discussed various issues concerning them and reminisced about memories from their teaching days, making the day's programme lively and meaningful. At the meeting, the newly appointed Principal of the college, Dr. Jayadev Gogoi, announced that a room would be arranged in the college for the convenience of meetings and activities of the retired professors' forum. He also expressed his hope of meeting them frequently, which deeply



moved the former professors present. The retired professors blessed the former student of the college, now serving as its Principal, and expressed their best wishes for the college's continued progress under his leadership. They also urged the new Principal to take necessary steps to ensure that the retired professors receive their pending dues from the government. The meeting was attended by 95-year-old retired Head of the Banking Department, Prof. Imran Hussain; retired Heads of the Accounting Department, Prof. Harinarayan Yadav and Prof. Gopal Krishna Ghosh; retired Heads of the Statistics Department, Prof. Subodh Chandra Pal and Prof. Dr. Devimallika Rajkhowa; retired Head of the Business Management Department, Prof. Ramakanta Gogoi; retired Head of the Assamese Department,

Prof. Kunjalata Hatibarua; retired Head of the English Department, Prof. Chandrakanta Kakati; and retired Head of the Commerce Department, Prof. Dr. Bhupesh Bhagwati. The college's senior assistant, Prema Chutia, enhanced the programme by performing several songs. The meeting was also attended by Dr. Gitamani Sandikai, Associate Professor of Political Science at Nitaipukhuri College. Among others present were current faculty members Dr. Luku Marang and Dr. Mintu Kumar Das, Librarian Sangeeta Senchow, and other staff members. The newly appointed Principal was widely appreciated for taking the initiative to organise this reunion meet of the retired professors. The programme concluded with all present sharing a fellowship meal together.

Bird Census at Chandubi areas

Sunil Das, Chandubi: The 1st Magh Bihu Bird Census 2026 at Chandubi Beel and its adjoining area was conducted today on 12th of January by Loharghat range under Kamrup West Division. As many as 40 individuals in five groups including experts from Assam Bird Monitoring Group, Researchers from Dept of Zoology, Gauhati University, members from NGO Bonyobondhu and Assam Wildlife Rescue and Rehabilitation Organization alongwith the staff of



Assam Forest Department participated in the exercise with added support from the Chandubi Boat Safari Association and local public. All total 111 no of dif-

ferent species of birds including aquatic, grassland, woodland and raptors have been estimated in total seven blocks of the Beel during the census.

The Significance and Symbolic Meaning of Meji in Magh Bihu

■ Lalit Nath
Itakhola, Sonitpur

The three Bihus of the Assamese people are deeply connected to agricultural activities. After the completion of farming work, the Assamese farming community celebrates the joyous festival of Magh Bihu. Magh Bihu is primarily a delightful festival filled with Meji, feasts, rice, pitha-pana and other delicacies. Among these, lighting the Meji is one of the most important parts of Magh Bihu. "According to scholars, the word 'Meji' originates from the ancient Chutia language of Bodo-Kachari origin, derived from 'Midi-ye-ji', where 'Midi' means deity or ancestors, 'ye' means fire, and 'ji' means to fly away. This etymology clearly indicates the concepts of fire worship and ancestor veneration associated with Meji. This tradition, linked to the fire-god worship from the Rigvedic period, reflects the composite form of Assam's indigenous cultures. In contrast, the word 'Uruka' is believed to come from the Chutia word 'Urukuwa', meaning end or completion. "Meji is a special temporary structure built in the fields using paddy straw, banana leaves and bamboo. During Magh Bihu, this Meji becomes the central attraction. The construction and name of Meji vary by region, in South Kamrup it is called 'Bhelaghar' or 'Bhelapuji', in Mangaldai 'Bhelaghar', and in Sonitpur 'Dheraghar'. "Preparations for Meji begin about seven days before Magh Bihu, with straw, hay and bamboo used to build Bhelaghars in the fields. In Lower Assam, Meji is constructed in forms like Borpuji, Majupuji and Sorupuji. In some places, as mentioned by Dr. Anil Saikia, there is a tradition of lighting a small Meji or Uruka Meji in the evening of Uruka day. On Uruka night, village youth, boys, and girls gather in the Bhelaghars, feast all night, perform dances and songs, and fill the air with music. "In some regions, the tradition of stealing vegetables from gardens also continues. The large Meji is lit on the morning of Magh Bihu day. On Bihu day, people rise early at dawn, bathe, place incense, betel nut-paan, offerings and naivedya on banana leaves, invoke God with Hari dhvani and set fire to the Bhelaghar while offering prayers

to Agni Deva. They offer rice, sesame, black gram, etc., with devotion into the blazing flames, chanting the mantra,

Agni prajjwalitam vande
chaturveda hutashanam.

Subarnavarnamamalyam
jyotirupayate namah.

People sit around the Meji, worship the fire and distribute Mah-prasad. Everyone chants Hari dhvani to destroy evil forces, prays to Agni Deva for the well-being of family and society. Many folk beliefs are associated with Meji in Magh Bihu. According to these beliefs, after the Meji is lit, the power of the fire increases. The height of the flame is used to predict the severity of floods in the coming year. Crackers like empty hilois, water hilois and mud hilois are burst in the Meji. Before bursting, there is a shrill sound and people nearby take shelter to avoid sudden dangers. It is believed that throwing sesame, rice and black gram into the Meji fire increases crop production. Applying a mixture of Meji ashes and mustard oil on cattle horns and bodies is thought to promote livestock growth. In some parts of Assam, on the day of lighting Meji, women tie paddy straw around areca nut trees and house posts, known as 'Magh Bandha'. Before tying, they make four circles around the garden, believed to protect the garden and house from earthquakes, storms and other natural disasters. "After the Bhelaghar or Bhelapuji burns completely, the half-burnt bamboo and straw are placed on fruit trees like mango, jackfruit, betel nut, coconut, litchi and poniyal, believed to increase fruit and vegetable production.

Roasting and eating potatoes like kath alu, mitha alu, moha alu in the Meji fire is a traditional belief. There is a popular saying that if one does not eat roasted potatoes in the Meji fire during Magh Bihu, in the next birth they will be born as a pig and have to dig for potatoes. "Scholars believe that the worship of the fire deity 'Magi' or 'Mejai' of the ancient Aryan fire-worshippers is embedded in the Meji bonfire of Magh Bihu. Meji is not merely a cultural element, it is the full expression of Assamese society's unity, pride in agricultural life and traditions. This fire warms our lives and livelihoods while

instilling hope, serving as a bright example of the intimate relationship between nature and humanity. The symbolic meaning of Meji is multifaceted and profound. It signals the end of winter and the arrival of the new season. The harsh cold of winter, the fatigue and despair of farming are burned in the fire, awakening new hope. This fire is not of destruction but of creation. Meji ashes are used as fertilizer to enhance soil fertility. "Socially, Meji symbolizes unity and harmony. On Uruka night, rich and poor, old and young forget differences and warm themselves together around the fire, strengthening the bonds of Assamese society's harmony. "Spiritually, Meji represents inner purification and self-cleansing. Offering pitha-gur, rice-black gram to Agni Deva signifies the resolve to renounce vices and ego. The fire removes darkness, shows the path of light and burns away inner impurities to bring purity. In some communities, Meji is linked to ancestor worship, proclaiming the victory of life over death. "Meji is not just a bonfire, it is a profound symbol of Assamese philosophy, society, spirituality and agricultural life. It involves collective feasting after harvest, symbolically bidding

farewell to winter through fire, enhancing the earth's fertility, praying for everyone's well-being and protection from Agni Deva's wrath.

Through Meji, not only is fire worship performed, but all misfortunes, sorrows, sufferings and negative thoughts of the old year are burned away, ushering in new hope, prosperity and fertility. "It is a symbol of unity—rich and poor, old and young sit together around the fire to ward off winter's chill and strengthen communal bonds. Spiritually, it removes inner darkness and shows the path of light and purity. In agricultural life, it symbolizes increased crop production in the new year and humanity's deep connection with nature. "Scientifically, Meji's fire can also be justified, the heat kills germs in the air, purifying the environment. The warmth reduces winter's effects on the body. In scientific terms, lighting Meji at winter's end can be called 'thermal cleansing'. Meji ashes serve as useful fertilizer, enhancing soil fertility. "When the blazing flames of Meji rise toward the sky, new dreams of the year awaken in every Assamese heart. "This burning fire of Meji will keep Assamese culture alive for

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Memorandum submitted to the D C in Dibrugarh demanding inclusion of 38 castes and sub-castes of the Tea Community in the OBC list

M Hashim Ali, Dibrugarh : Under the initiative of the Dibrugarh District Committee of the Assam Tea Community National Mahasabha, a special programme was undertaken to address the problems faced by 38 castes and sub-castes of the Tea Community residing in different areas of Dibrugarh district of Assam, who have been deprived of official caste certificates and exclusion from the caste list. Members of the Mahasabha assembled at the Choukidangi playground, dressed in traditional attire, and marched in a procession holding banners and festoons highlighting their demands. They submitted a memorandum to the Dibrugarh District Commissioner demanding the issuance of caste certificates. According to the participants, more than five hundred men and women from the Tea Community took part in the programme. They informed the media that despite directions from the Assam Backward Classes Commission, under the Social Justice and Empowerment Department of the Assam Government, to resolve the issue through a survey process, no effective steps have been taken so far. As a result, they were compelled to launch this protest programme. They further warned that if the concerned department fails to take necessary measures to resolve the issue in the coming days, they would resort to a militant agitation.

When Cancer Survival Meets a New Threat

Why Heart Disease Is Emerging as a Silent Killer Among Cancer Patients

■ Heramba Nath

The story of cancer in the modern era is increasingly one of survival rather than inevitability. Medical science has achieved what once seemed impossible: turning many forms of cancer into manageable or even curable conditions. Early detection, improved imaging, targeted therapies, immunotherapy and better supportive care have transformed outcomes for millions of patients across the world. In India too, despite gaps in infrastructure and access, survival rates for several cancers have steadily improved. Yet, as this hopeful narrative unfolds, an unsettling truth is emerging from scientific research. For a growing number of people living with cancer, death does not arrive in the form of malignant cells but through a weakened or failing heart. Recent studies now show with increasing clarity that people diagnosed with cancer face a significantly higher risk of dying from heart disease than those who have never had cancer. This reality compels a deeper re-thinking of how survivorship is defined, how care is delivered and how health systems prepare for the long aftermath of cancer.

Cancer and heart disease have long occupied separate spaces in medical thinking. Cancer was seen as a disease of genetic mutation and uncontrolled cell growth, while heart disease was understood largely through the lens of lifestyle, ageing and metabolic imbalance. However, modern research is dismantling this neat separation. The body does not experience diseases in isolation. Cancer triggers widespread changes that ripple through multiple organs and systems, including the cardiovascular system. The recent large-scale study highlighting higher cardiovascular death among cancer patients is not an isolated finding but part of a growing body of evidence that cancer leaves a lasting imprint on heart health, even years after diagnosis and treatment.

The study followed a large population of adults with no prior history of heart disease. Over time, a substantial number developed cancer, and researchers tracked their health outcomes over several years. What stood out was a clear and persistent pattern: individuals diagnosed with cancer were far more likely to die

from cardiovascular causes than those who never developed cancer. These deaths included heart attacks, strokes, heart failure and other vascular conditions. Importantly, the increased risk could not be explained solely by age or pre-existing illness. Even after adjusting for known risk factors, cancer itself emerged as a powerful predictor of cardiovascular mortality.

This finding forces a reassessment of what it means to survive cancer. Traditionally, success in oncology has been measured by tumour shrinkage, remission rates and overall survival. Once cancer was controlled, attention often shifted away from the patient's broader physiological state. Yet, for many survivors, the end of active cancer treatment marks the beginning of a new vulnerability. The heart, often silently affected by the disease or its treatment, becomes a site of long-term risk. In this sense, cancer survival without cardiovascular protection may be incomplete and, for some, tragically short-lived.

One of the central links between cancer and heart disease lies in chronic inflammation. Inflammation is the body's natural response to injury or threat, but when it becomes persistent, it can cause significant harm. Cancer creates a prolonged inflammatory environment as the immune system remains in a constant state of activation. This chronic inflammation damages blood vessels, accelerates plaque formation and destabilises existing plaques, making them more likely to rupture and cause heart attacks or strokes. Inflammatory markers often remain elevated in cancer patients long after treatment has ended, suggesting that the cardiovascular risk does not simply disappear with remission.

Closely related to inflammation are changes in blood clotting mechanisms. Cancer is known to alter the body's coagulation system, making the blood more prone to clotting. This hypercoagulable state is a recognised cause of complications such as deep vein thrombosis and pulmonary embolism in cancer patients. However, its impact on arteries supplying the heart and brain is equally significant. Blood clots can block coronary arteries or cerebral vessels, leading to sudden and often fatal cardiovascular events. These risks may persist silently, without warning signs, un-

til catastrophe strikes.

Cancer treatment itself adds another layer of cardiovascular stress. Chemotherapy drugs, while life-saving, are inherently toxic. Some agents directly damage heart muscle cells, reducing the heart's ability to pump effectively. Others interfere with electrical conduction, increasing the risk of arrhythmias. Radiation therapy, particularly when applied to the chest, can scar heart tissue and accelerate narrowing of coronary arteries. These effects may not be immediately apparent. A patient may complete treatment and feel well, only to develop heart failure or coronary disease years later as the cumulative damage becomes evident.

The emergence of newer therapies has not eliminated these concerns. Immunotherapy and targeted therapies have revolutionised cancer care, offering hope to patients with previously untreatable cancers. Yet, these treatments can also trigger immune-mediated inflammation in the heart and blood vessels. Cases of myocarditis, pericarditis and vascular inflammation have been reported, sometimes with severe consequences. While such complications remain relatively uncommon, their impact is often serious, underscoring the need for careful cardiovascular monitoring.

Age plays a complex role in this interaction between cancer and heart disease. Older patients naturally carry a higher baseline risk of cardiovascular disease, and cancer may tip the balance further. However, studies have also shown that younger cancer patients can face a disproportionately high cardiovascular risk compared to their peers. This is particularly concerning because it suggests that cancer and its treatment may accelerate ageing processes within the cardiovascular system. A young person who survives cancer may enter middle age with the heart health of someone much older, reducing life expectancy and quality of life.

Lifestyle factors further complicate the picture. Smoking, poor diet, physical inactivity and obesity are common risk factors for both cancer and heart disease. A cancer diagnosis often disrupts daily routines and mental well-being, making it harder to maintain healthy habits. Fatigue, pain and emotional distress can reduce physical activity, while comfort

eating and medication side effects may contribute to weight gain and metabolic imbalance. In focusing understandably on cancer treatment, patients and healthcare providers may neglect the gradual accumulation of cardiovascular risk.

Socio-economic disparities magnify these challenges. Individuals from lower-income backgrounds often face delayed diagnosis, limited access to specialised care and fewer opportunities for preventive health interventions. In such settings, the integration of cancer and cardiovascular care is rare. The result is a silent burden of heart disease among cancer survivors, particularly in regions where health systems are already stretched. In India, where out-of-pocket expenditure remains high and specialist care unevenly distributed, this issue demands urgent attention.

The growing recognition of this dual burden has given rise to the field of cardio-oncology, which seeks to bridge the gap between cancer care and cardiovascular medicine. The principle is simple but transformative: heart health must be protected alongside cancer treatment, not addressed as an afterthought. This involves assessing cardiovascular risk at the time of cancer diagnosis, monitoring heart function during treatment and continuing surveillance long after therapy has ended. Early intervention can prevent irreversible damage and significantly reduce mortality.

However, implementing such integrated care requires systemic change. It demands collaboration between oncologists, cardiologists, primary care physicians and allied health professionals. It also requires investment in training, infrastructure and patient education. In many parts of India, cardio-oncology services are still in their infancy, accessible mainly in large urban centres. Expanding these services to district hospitals and regional cancer centres is essential if the benefits of improved cancer survival are to be fully realised.

Public health policy must also evolve in response to these findings. As cancer survival improves, the population of survivors will grow, bringing with it a rising burden of chronic disease. Health systems that focus solely on acute treatment will struggle to meet the needs of this population. Long-term survivorship care plans must become a

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অসম চৰকাৰ
অসম চৰকাৰ
সঞ্চার, নিয়োগ আৰু উন্নয়ন বিভাগ



মুখ্যমন্ত্রীৰ জীৱন প্ৰেৰণা আঁচনি

শেহতীয়াকৈ স্নাতক উত্তীৰ্ণ
যুৱক-যুৱতীলৈ অসম চৰকাৰৰ উদগনি

এবছৰলৈ মাহিলি
২,৫০০
টকাকৈ সাহায্য

উদ্দেশ্য



অর্থতা

চাকৰিৰ সঞ্চানৰত শেহতীয়াকৈ স্নাতক
উত্তীৰ্ণসকলৈ সাহায্য প্ৰদান কৰা

প্ৰতিযোগিতামূলক পৰীক্ষাত অৱতীৰ্ণ
হ'বলৈ উৎসাহিত কৰা

স্ব-নিয়োজনৰ পথ সুগম কৰা

অসমৰ ৰাজ্য/কেন্দ্ৰীয় চৰকাৰৰ শিক্ষানুষ্ঠান
অথৱা ৰাজ্যৰ প্ৰতিষ্ঠানৰ পৰা ২০২৫ বৰ্ষত
স্নাতক উত্তীৰ্ণ যুৱক-যুৱতী (মুক্ত বিশ্ববিদ্যালয়
আৰু ব্যক্তিগত প্ৰতিষ্ঠানৰ বাহিৰে)

অসমৰ স্থায়ী বাসিন্দা

হেল্পলাইন: ৮০৯৯৮৯৭২৬৬

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Lakhimpur District Sahitya Sabha's Mid-Term Session Held at Simaluguri

Special Correspondent, Simaluguri : The forthcoming mid-term session of the Lakhimpur District Sahitya Sabha was held at Simaluguri with a two-day programme under the hospitality of the Simaluguri Swarna Branch Sahitya Sabha. As per the first day's schedule, the programme began in the morning with the planting of saplings, followed by the hoisting of the flag by Bitopan Gogoi, President of the Simaluguri Swarna Branch Sahitya Sabha. Floral tributes were paid by the branch Vice-President, Indira Gogoi Phukan, while homage to martyrs was offered by Krishna Barpatra Gohain, President of the Lakhimpur District Martyrs' Families Coordination Committee. The book fair was inaugurated by Devajit Duwara, Organising Secretary of the Lakhimpur District Sahitya Sabha. Subsequently, a quiz and drawing competition, conducted by Kunj Lahon, was inaugurated by Dambar Prasad Rijale, Founder Secretary of the Simaluguri Swarna Branch Sahitya Sabha.

The representatives' and life members' conference of the Simaluguri Swarna Branch Sahitya Sabha, presided over by its President Bitopan Gogoi, was formally inaugurated by Jiban

Handique, former President of the Simaluguri Branch Sahitya Sabha. This was followed by the release of the second issue of the branch mouthpiece Shimolua Prahar, unveiled by Dhruvajyoti Saikia, Principal of Simaluguri Higher Secondary School. On the same occasion, the poetry collection Henguliya by retired teacher Shir Prasad Bora was released by retired Professor Makhan Tamuli of Madhavdev University.

Among those present were Lakhimpur District Sahitya Sabha President Sanjeev Upadhyay, noted social worker Achyut Saikia, and several other distinguished personalities. The meeting was enlivened by Bihu dance, modern dance, Krishna dance, and Harinam performances, and concluded in the evening with the lighting of ceremonial lamps.

On the second day, following the registration of representatives in the morning, the Executive Committee meeting of the Lakhimpur District Sahitya Sabha was held, followed by its annual representatives' conference. At 11 a.m., advocate of the Gauhati High Court and social worker Navjit Bora formally inaugurated the cultural procession. The open session commenced with the song "Chir Senehi Mor Bhasha Janani."

The meeting, anchored by Lakhimpur District Sahitya Sabha

Secretary Prabin Hazarika and Organising Secretary Devajit Duwara, was presided over by President Sanjeev Upadhyay. The session was inaugurated by Niran Kumar Bora, former President of the Lakhimpur District Sahitya Sabha, while the welcome address was delivered by Dimbeshwar Phukan. The keynote address was presented by Dr Mukul Chandra Bora, Vice-Chancellor of North Lakhimpur College. Assam Sahitya Sabha Vice-President Padum Rajkhowa attended as the chief guest and delivered a meaningful address.

Former Chief Secretaries of the Assam Sahitya Sabha Yadav Sharma and Upendrojit Sharma, Assam Sahitya Sabha Publicity Secretary Shankusiddha Nath, Lakhimpur District Sahitya Sabha representative Prashanta Modak, former MLA of Bihpuria constituency Devanand Hazarika, President of Lakhimpur District Eastern Tai Sahitya Sabha Teliram Duwara, noted social worker Haren Deuri, central executive members of the Assam Sahitya Sabha including Bankim Barua, Bipul Sharma Barua, Gun Bhuyan, Apurba Phukan, Upen Hazarika and Dayanand Goswami, Assam Sahitya Sabha Secretary Sanjib Bora, Convener of the Akash Sub-Committee Manasi Saikia, Organising Secretary of the Assam

Sahitya Sabha Deepak Bharali, former Lakhimpur District Sahitya Sabha President Umananda Barua, social worker Pranab Bhuyan, President of the Simaluguri Regional Bodo Sahitya Sabha Harakanta Basumatary, and President of the Simaluguri Nepali Sahitya Sabha Bhim Dahal, Pankaj Bezbarua, Nalbari former secretary, Jatindranath Sut, Resional office secretary, Subhan Ch. Saikia, Secretary, Biswanath, among many other eminent personalities, attended the event.

On the same occasion, several publications were released, including the Sahitya Sabha's e-journal, the district mouthpiece Sobanshiri, the Simaluguri Swarna Branch memorial volume Simaluguri, a poetry collection edited by Aparajita Hazarika, Dasami Gogoi Barbaruah's poetry collection Lefafa, Indira Gogoi Phukan's Society, Culture, Perspective, and a poetry collection by Dipti Handique, among others.

In the evening, ceremonial lamps were lit by Parthapratim Dutta, President of Rajgarh Gaon Panchayat, retired teacher Priya Prasad Gautam, and social worker Lekhan Gogoi. At night, under the direction of Jadu Gogoi, a Bhaona titled "Vipra Damodar Akhyan: Dant Bakrar Mukti Labh" was staged by the women and young girls of Simaluguri.

Thousands of students perform Surya Namaskar at Numaligarh on National Youth Day

Bokakhat : On the occasion of Swami Vivekananda's birth anniversary and National Youth Day, a celebration was organized on Monday at Numaligarh by the Numaligarh Refinery Vivekananda Hospital and Nursing Home, with the support of Numaligarh Refinery. At the Porabongla playground, thousands of students jointly performed a mass Surya Namaskar. The event witnessed the participation of more than a thousand students in an

impressive and vibrant atmosphere, drawing the attention of people across the region.

On the occasion, lamps were lit before the portrait of Swami Vivekananda by Dr Shubharani Borkotoki of Vivekananda Hospital and retired Principal Mahen Saikia. The Superintendent of Vivekananda Hospital, Dr Ranjan Kumar Mahanta, offered floral tributes, while the Circle Officer of Morangi, Rananmay Bhardwaj, was present as a distinguished guest.

Meanwhile, under the initiative of Bokakhat Vivekananda Vidyalaya, Swami Vivekananda's birth anniversary and National Youth Day were also observed at the Satyanarayan Temple in Numaligarh. In the morning, lamps were lit and floral tributes offered to the portrait of Swami Vivekananda by retired Principal Mahen Saikia and retired Headmaster Sushamoy Purkayastha. Students presented songs and dance performances dedicated to Swami Vivekananda.

Various organizations protest opening of Rangamati toll gate

Bokakhat : The highly controversial Rangamati toll gate has been opened from Monday without any prior public notice, dealing a blow to the people on the eve of Magh Bihu. With the sudden opening of the toll gate, commuters using the route faced considerable inconvenience, leading to widespread public reactions. Immediately thereafter, the Golaghat District AATSA and the Rajor Dal Students' Council staged strong protests in front of the toll gate. The two organizations warned that under no circumstances should toll tax be collected until the construction of National Highway 37 was completed. Since the time of the toll gate's construction, organizations such as AATSA, AASU, the Krishak Mukti Sangram Samiti, and the Chatra Mukti Sangram Samiti have strongly opposed the gate, describing it as a heavy burden imposed by the government on the common people and demanding its cancellation. According to the allegations of the Krishak Mukti Sangram Samiti and the Chatra Mukti Sangram Samiti, the toll gate on National Highway 37 at Rangamati has been constructed in violation of established norms.

The Reality of Bangalore MBA for North East Aspirants

■ **Asik Ahmed**

Do you know why Bangalore MBA is hectic as compared to North East Education system, and why students feel overwhelmed? The untold story behind aspirants of the MBA dream is a journey of hope, challenges, and perseverance in the city of dreams, where for many MBA aspirants, Bangalore represents opportunity, exposure, and a brighter future. In reality, Bangalore is a more expensive city, and the MBA system in Bangalore is highly difficult as compared to North East—everything is online, the syllabus is upgraded, and learning is driven by too many case studies, where students practice what kind of decisions they would make in the practical world as managers.

In Bangalore, MBA programs are practical-based and career-oriented, offering various activities such as TEDx talks, seminars, industrial visits, international conferences, and much more. Along with academics, students can also take additional skills-based certifications, build communication skills, and stay updated with rapidly developing technology to

gain real-world exposure. While this structure reflects quality education, it also creates pressure. Many aspirants from North East struggle, not because of a lack of talent, but because they are not prepared from the earlier education level in the same way as students in Bangalore. The transition becomes overwhelming when expectations suddenly rise. Moreover, the glamorous image shown on the internet often hides a darker reality. However, the reality often turns out to be very different from what is shown online, as they do not readily disclose their real information. They write one thing but do another on the internet, yet people are influenced by it. Some universities and colleges appear at the top of Google search results because they spend heavily on the SAP system. There are also too many private colleges that turn into education hubs, where people do business in the name of education. In Bangalore's colleges, students' original documents are held, giving acknowledgment that no one can leave without completing his/her degree is restricted. Without completing the degree, it is not easy

to get the original documents returned. As colleges do not return students' documents if they leave without completing their degree, it can spoil a student's life.

Alarmingly, it should be mentioned that North East students often find it difficult to cope, especially in autonomous private universities. The untold reality is that these autonomous private universities or colleges often cannot focus on students individually, as their priority is enrolling more students for revenue. Sometimes, institutions charge multiple additional fees that are not mentioned in the fee structure letter.

Additionally, the syllabus is updated every year, unlike in government universities, creating academic inconsistency.

After all, in Bangalore, various types of MBA programs are offered by different kinds of universities and colleges, such as those offering global immersion MBA programs where students get opportunities for trips abroad, like Singapore or Malaysia, and even receive laptops. Some offer advanced MBA programs, hybrid MBA, MBA Pro, or MBA programs with paid internships from

the starting level. The system and structure varies from university to university. It is essential that MBA colleges and universities here have tie-ups with companies. After all, the focus is not only on theory, as in North East, but also on practical, work-based learning. The programs are designed to be closely related to corporate work. Furthermore, the syllabus is at an upgraded level compared to North East. In Bangalore, the MBA education system not only focuses on placements but also aims to educate students about enterprises so that they can start their own ventures. It is true that people in Bangalore have a business mindset and are not focused solely on government jobs. Because it is the hub of startups, the city is more developed.

Despite all this, Bangalore remains a city of dreams—testing resilience, shaping skills, and demanding perseverance. For those who survive the pressure, it becomes not just an MBA, but a life-changing experience. This gap between promise and practice makes the journey even more stressful, yet there is too much exposure as well as opportunities.

Mobile : 93658-65082

A Dream That Never came True

■ **Sidharth P K**

Kochi, Kerala.

She left, the lips
Upon my poetry
And her kisses saw,
The silent twilight vanity.

She never lived up to,
The dreams of life
Tainted into lifeless
Prevailing fate.

I connect my verses,
With her blood
With the tears
That beckons like love.

The light dawns upon her,
Oft in her blown verses
Beneath a starlit sky
Dreams seek the eyes,
Of blood and beholder.
The wholeness of skin,
Dangling in the western breeze
Universe and day returns to you
On the veiled love,
Smiling bequeathed.

Top Tier Honour Conferred on Semim Akhtara Ali of Dibrugarh in Recognition of Her Contributions to the Social Sector



M Hashim Ali, Dibrugarh : In recognition of her outstanding excellence and contributions in various spheres of society, Semim Akhtara Ali of Dibrugarh has been conferred the Top Tier Honour. Semim Akhtara Ali received the award from Bollywood actress

Bhagyashree at the award distribution ceremony held at Machina Banquet Hall, New Delhi. She is the second daughter of late journalist Rahmat Ali and late Jebin Akhtara Begum, and the wife of Imdad Ratul Ali, a resident of Naliapool, Nabajyoti Path, Dibrugarh. Notably, Semim Akhtara Ali has received this honour for the second time. It may be mentioned that on 4 January, the organisation organised a memorable award-giving ceremony in Delhi, where every year individuals with exceptional achievements in various fields are honoured with awards for their contributions and inspirational journeys. One of the country's leading event companies, the organisation's objective is not only to present awards but also to highlight and review important issues and aspects of society through the programme. At the event, the glamorous entry of renowned Bollywood actress Bhagyashree not only added charm to the occasion but she also felicitated the award winners and praised the initiative taken by the organisation.

Chief Minister's Reply to Gaurav Gogoi

I am a common man from a common family, one among thousands of Assamese.



Arindam Bapanash,

Bokakhat : Assam Chief Minister Dr. Himanta Biswa Sarma, while returning from Titabor, stopped at the newly constructed Public Works Department Inspection Bungalow at Bokakhat and interacted with local residents. "During the interaction, responding to Congress leader Gaurav Gogoi's recent remark questioning "Who is Himanta Biswa Sarma?", the Chief Minister addressed the media and said, "Where will Gaurav Gogoi find me by asking 'who is he'? I am a common man from a common family, one among

thousands of Assamese. Neither was my father a Chief Minister nor a Prime Minister. I am just like you." He further stated, "My father was late Kailash Nath Sarma, my mother is Mrinalini Devi, and my name is Himanta Biswa Sarma. I became a minister during his time—nothing more than that. So what is the point of trying to project me as someone extraordinary by asking 'who is he'?" The Chief Minister also mentioned that he had virtually inaugurated the inspection bungalow earlier and had come in person to see it. "I have come today to have a look,

drink a cup of tea, and eat pitha and puri," he added. Speaking on political matters, Dr. Sarma said that in the 2026 Assembly elections, the BJP will contest by sharing seats with its allies AGP and Gana Shakti. He also announced that on 18 January, the Prime Minister will lay the foundation stone for the Kaziranga Elevated Corridor at Mauchanda field in Kaliabor. "Later in the evening, the Chief Minister extended his Magh Bihu greetings to those present at the inspection bungalow premises. Bokakhat MLA and Cabinet Minister Atul Bora was also present on the occasion. It may be mentioned that Dr. Himanta Biswa Sarma also took note of a three-year-old child from Bokakhat suffering from a heart ailment and assured that all necessary arrangements for the child's treatment would be made.

AAJU Jorhat District Committee Marks Fifth Foundation Day

Jorhat: The fifth annual foundation day of the Jorhat District Committee of the All Assam Journalists Union (AAJU), along with the Debakumar Bora Memorial Media Fellowship Award ceremony, was held on Monday at the auditorium of the Jorhat Science Centre and Planetarium. Union Minister of State for External Affairs, Pabitra Margherita, attended the programme as the chief guest and addressed the gathering after hoisting the flag in the morning. The Minister also paid tribute to late journalist and political leader

Deba Kumar Bora, remembering his commitment to public service and journalism. He stated that Bora's work and values continue to inspire the media community in Assam. The meeting was chaired by AAJU Jorhat District Committee president Jogesh Oza. Among the invited guests were members of late Devakumar Bora's family, including Barnali Saikia Bora and Jayashree Saikia, Officer-in-Charge, Corporate Communication Department, ONGC, Chinamara. The award ceremony was

conducted after the inaugural session, which began with the lighting of the ceremonial lamp by Barnali Saikia Bora. The programme was anchored by Nabajyoti Baruah, while the welcome address was delivered by Debajit Bora. Lalit Bora, President of the Journalists' Welfare Fund, also spoke on the life and legacy of late Deba Kumar Bora. The event concluded with a renewed call to uphold journalistic ethics while adapting responsibly to technological changes in the media landscape

Majuli Satras Keep 550-Year-Old Bhogali Tradition Alive



Majuli: As Assam prepares to celebrate Bhogali Bihu, the river island of Majuli presents a unique blend of festivity and spirituality. The island, which is known as the cradle of Vaishnavite culture, Majuli's Satras are once again immersed in age-old rituals, observing Bhogali Bihu in a deeply traditional and devotional manner that has continued uninterrupted for over 550 years. Blessed by the teachings of Srimanta Sankardeva and Madhavdeva, Majuli is home to 35 Satras, where Bhogali Bihu is not merely a festival of feasting but an expression of collective devotion, discipline and cultural continuity. Along with surrounding villages, the Satras are preserving indigenous customs, folk practices and spiritual values that define Assam's civilisational ethos. Moreover, in Majuli's six Udasin Satras, more than 500 Vaishnavites are engaged in the meticulous preparation of traditional Bhogali delicacies such as sira and pitha. True to tradition, the devotees refrain from using commercially available products. Instead, rice varieties like Chakuwa, Aampakhi and Niyarkadam are soaked for two days, roasted over a hearth and then hand-pounded in wooden mortars (ural) to prepare sira, an act that reflects patience, purity and reverence. The unwavering commitment of senior Vaishnavites have kept these traditions alive, despite the pressures of modern life and waning interest among sections of the younger generation. This practice reaffirms their dedication and ensures that rituals are not reduced to symbolic acts but remain living practices passed down through generations. A poignant moment of continuity was witnessed at the Uttar Kamalabari Satra, where 103-year-old Padma Shri awardee Gopiram Borgayan Burha Bhakat was seen joining the young Vaishnavites in pounding sira. His presence stood as a powerful symbol of intergenerational transmission of cultural responsibility. While many ancient customs have gradually disappeared with time, the collective preparation of chira and pitha within the Satras remains vibrantly alive. The Bhogali Bihu festival witnesses several disciples, devotees and well-wishers visiting the Satras. To welcome them, Vaishnavites make elaborate preparations so that all can partake together in traditional offerings like sira, pitha and sandoh, reinforcing values of equality, unity and shared joy. In Majuli, Bhogali Bihu transcends celebration, becomes a sacred reaffirmation of Assam's spiritual and cultural heritage.

Forest Mafia's Rampage on the Brahmaputra Sandbars of Dibrugarh

Habitat of More Than 20 Feral Horses Under Threat

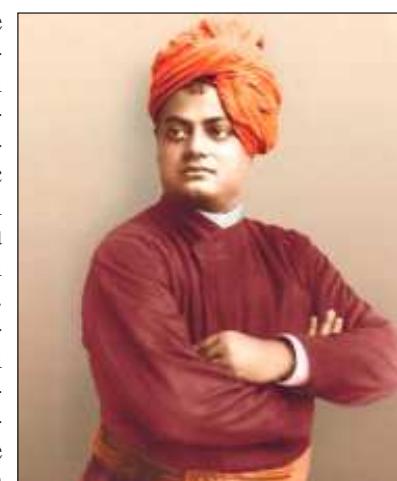


M Hashim Ali, Dibrugarh : Rampant deforestation on the sandbars of the Brahmaputra in Dibrugarh has deeply alarmed nature lovers. What had transformed into a picturesque natural landscape is now being reduced to devastation due to the aggressive activities of forest mafias. The vast sandbar located in the middle of the Brahmaputra, close to Dibrugarh city, has seen thousands of naturally grown trees and plants felled indiscriminately by miscreants. Apart from being a haven for various species of birds, the sandbar has also emerged as a roaming ground for leopards. Not only that, the presence of feral horses roaming freely has long attracted tourists. These feral horses had reportedly drifted in during floods from the Dibrusaihkhwa National Park. Their presence has added to the scenic beauty of the Brahmaputra sandbar in Dibrugarh. However, due to the indifference of the Dibrugarh Forest Department and the district administration, the sandbar of the mighty Brahmaputra has turned into a zone of destruction. According to sources, more than twenty feral horses currently roam the sandbar. As the area has become a centre of tourist attraction, the intrusion of suspicious individuals has also increased. Some

suspicious people have even constructed makeshift shelters overnight. The sandbar now faces a severe threat to its very existence due to the continuous destruction of naturally grown trees and vegetation by forest mafias. Local residents allege that trees planted naturally by birds on the Brahmaputra sandbar are being cut down for making charcoal. A section of non-local people reportedly burn wood on the sandbar to produce charcoal. In a large area of the Brahmaputra sandbar, several non-locals have set up camps and have been producing charcoal for a long time. Meanwhile, sacks of charcoal brought from the sandbar are being stockpiled along the banks of the Brahmaputra near Dibrugarh town. Despite repeated complaints by local organisations and conscious citizens, the administration has shown little concern over the issue. Centered around the Brahmaputra sandbar, a large charcoal business run by non-locals has reportedly flourished in Dibrugarh. If such deforestation continues on the sandbar—considered the lifeline of Dibrugarh town the area may soon turn into a desert. It is noteworthy that picnic groups from various parts of neighbouring districts regularly visit this Brahmaputra sandbar in Dibrugarh.

Swami Vivekananda's birth anniversary celebrated at Dimakuchi

Orang : The 164th birth anniversary of Swami Vivekananda was celebrated with great enthusiasm and patriotic fervour at Dimakuchi Shankardeva Shishu Niketan in Udaguri district on Monday. As part of the celebration, a special programme was organized to mark National Youth Day. The event began early in the morning with a marathon run under the 'Swadeshi Sankalp' initiative, encouraging self-reliance and national pride among students. After the marathon, teachers and students offered floral tributes to the portrait of Swami Vivekananda and observed a prayer session. Following this, a vibrant procession was taken out from the school campus through the main roads of Dimakuchi, covering a distance of nearly two kilometres. Students carried placards and raised slogans such as 'Use Swadeshi Products,' 'Boycott Foreign Goods,' 'Jai Swadeshi' and 'Jai Bharat,' spreading the message of patriotism and self-sufficiency. Several competitions and activities were organized for students, including physical fitness exercises, extempore speech based on Swami Vivekananda's life and ideals, quiz contests, and cultural performances. Speaking on the occasion, Headmaster Anath Kirtaniya said that the programme aimed to inspire students with the teachings and philosophy of Swami Vivekananda and motivate them to become responsible and self-confident citizens of the nation. The celebration concluded with a pledge to follow the ideals of Swami Vivekananda in daily life and work towards building a strong and self-reliant India.



Continue from page no 4

When Cancer Survival Meets a New Threat

standard part of cancer management, incorporating cardiovascular screening, lifestyle counselling and mental health support. Patient awareness is a crucial element of this shift. Many cancer survivors are unaware that their risk of heart disease is higher than average. Without this knowledge, they may ignore early symptoms or fail to prioritise preventive measures. Educating patients about cardiovascular risk empowers them to take an active role in their health. Simple interventions such as regular physical activity, balanced nutrition, smoking cessation and adherence to medication can dramatically reduce risk when adopted consistently. "Mental health cannot be separated from this discussion. Living with cancer leaves deep psychological scars, even after physical recovery. Anxiety about recurrence, financial stress and social disrup-

tion can persist for years. The added knowledge of increased cardiovascular risk may heighten fear and uncertainty. Holistic survivorship care must therefore address emotional well-being alongside physical health, recognizing that stress itself is a contributor to heart disease.

From a research perspective, the intersection of cancer and cardiovascular disease presents both challenges and opportunities. Understanding the shared biological pathways may lead to treatments that protect the heart while combating cancer. Advances in precision medicine could allow clinicians to identify patients at highest risk and tailor therapy accordingly. Biomarkers, imaging techniques and digital health tools may enable earlier detection of cardiovascular damage, opening the door to timely intervention.

The implications for regions

like Assam and the wider North East are particularly significant. Access to specialised care remains uneven, and awareness of long-term survivorship issues is limited. As cancer care expands in the region, it is vital that cardiovascular health is not neglected. Otherwise, improved cancer survival may paradoxically lead to an increase in heart-related deaths, undermining public confidence in the health system and imposing additional burdens on families.

Ultimately, the message emerging from recent studies is clear and sobering. Cancer does not end when treatment stops. It leaves behind a complex legacy that affects the entire body, including the heart. Recognising this reality is the first step towards change. Survival must be redefined not merely as freedom from cancer but as the ability to live a

long, healthy and dignified life. Medicine has succeeded in helping millions survive cancer. The next challenge is to ensure that these survivors do not fall victim to preventable heart disease. This will require integrated care, sustained vigilance and a commitment to viewing the patient as a whole rather than as a collection of isolated organs. Protecting the heart of a cancer survivor is not an optional extension of care; it is an essential obligation. As science continues to illuminate the intricate connections between diseases, health systems must respond with equal sophistication. The silent threat of heart disease among cancer patients is no longer hidden. It demands attention, action and empathy. Only by addressing this challenge can society ensure that the hard-won victories against cancer translate into truly longer and healthier lives.

From page 1

Chief Justice of India Surya Kant lays foundation for Integrated Judicial

while making justice simpler and more affordable for every citizen. Speaking on the occasion, Chief Minister Dr Sarma said that the people of Assam have always remembered with gratitude the immense contribution of the Gauhati High Court in upholding justice, truth and the constitutional rights of citizens since its inception. Recalling that he began his professional career as an advocate at the Gauhati High Court and practised there for over a decade, the Chief Minister stated that the existing High Court building will not be in a position to reflect the aspirations of the people in the next 50 years. He said that while the State Legislative Assembly and the Secretariat have been transformed to represent a modern Assam and serve as institutions reflecting the dreams of the people, the High Court has remained unchanged. Sharing the initial deliberations on relocating the Gauhati High Court to Rangmahal, Dr Sarma noted that in 2022, the then Chief Justice of the Gauhati High Court, Justice Sandeep Mehta, had suggested the need for a new location. After visiting several sites in and around Guwahati, Justice Mehta identified the Rangmahal site as suitable. Following the selection of the site, planning began to construct a modern High Court complex, in keeping with the traditions of the Gauhati High Court while incorporating advanced technology and elegant infrastructure. Dr. Sarma further stated that during the tenure of Justice Vijay Bishnoi as Chief Justice, the design and layout of the new building and complex were prepared, and accordingly, 148 bighas of land were acquired. Expressing gratitude to the people of Rangmahal, the Chief Minister said that such valuable land was made available out of respect for the judiciary. He stated that while preparing the design, suggestions were taken from Supreme Court Justice Ujjal Bhuyan as well as from all judges of the Gauhati High Court, and that tender was floated only after approval by the full court of the High Court. Dr Sarma during his speech informed that the new High Court building will initially have 31 courtrooms, so that advocates and litigants can sit inside the courtrooms and observe the proceedings. There will be 300 chambers for advocates and seating facilities for 2,000 lawyers. A six-storied building will be constructed for administrative functions of the High Court, and provision has been made for an additional 15 courtrooms in the future. The complex will also house 65 courts, including the District and Sessions Courts of Kamrup and Kamrup Metropolitan districts, Motor Accident Claims Tribunals and Industrial Tribunals, along with seating facilities for another 2,000 advocates. Additional amenities will include an auditorium with a seating capacity of 1,000, examination halls for conducting High Court examinations, a well-equipped hospital, cafeteria, canteen and green spaces. The Chief Minister said that while the existing Rangmahal road will cater to the needs of the district courts, a new four-lane road will be constructed exclusively for the High Court. Referring to concerns raised by a section of advocates opposing the relocation, citing travel time from the present High Court premises, the Chief Minister clarified that the Prime Minister will inaugurate the bridge over the Brahmaputra connecting Guwahati and North Guwahati in February, reducing travel time from Fancy Bazar to Rangmahal to just 8-9 minutes, and from Dighalipukhuri to Rangmahal to 20-25 minutes.

125-year legacy of Tezpur's Ban Theatre to be digitally preserved

Hazarika, has decided to digitally archive its entire historical and contemporary records for future generations. The decision was taken at the Chandranath Radhikanta Memorial Library of Ban Theatre. As part of the initiative, all documents, records, and assets related to the theatre's journey since its establishment in 1906 will be digitized using modern information technology. The digitalization process was formally inaugurated by AMTRON Vice-Chairman Rituparna Sarma, following the installation of advanced computer facilities. The programme was held in the presence of Ban Theatre President Bankim Sarma, former President and eminent educationist Mahendra Nath Keot, vice-presidents Bhabananda Das and Mrigen Chandra Bora, General Secretary Jitumoni Deva Choudhury, secretaries Pankaj Barua and Debabrata Sarma, General Manager Bhupen Sarma, Librarian Bhupen Barua, Music Secretary Sanjay Krishna Gohain, and other office-bearers and members. It was highlighted that Rituparna Sarma, one of the well-wishers of Ban Theatre, personally extended support to the institution by donating a modern, fully equipped computer set, even though the initiative did not fall under any government scheme. In recognition of his contribution, the Ban Theatre authorities honoured him with a gamosa, a memento, and a letter of appreciation at a meeting held on the occasion.

Chief Minister Dr Himanta Biswa

MP Amarsing Tisso, Local MLA Dorsing Ronghang, several Executive Members, MACs, District Commissioner, SSP Karbi Anglong, party workers, and other dignitaries. The event was held in a ceremonial manner and emphasized grassroots women's empowerment, self-reliance, and the theme of 'Empowering Women, Empowering Society' to strengthen families and communities.

Lachit-1, Northeast India's First Satellite, Launched from Sriharikota



Guwahati: Assam Don Bosco University marked a historic moment on January 12, with the launch of Lachit-1, the region's first satellite, aboard ISRO's PSLV-C62 rocket from the Satish Dhawan Space Centre, Sriharikota. The launch took place at 10.18 a.m., with PSLV-C62 successfully placing its primary payload EOS-N1 and 15 co-passenger satellites, including Lachit-1, into a Sun Synchronous Orbit. The landmark mission is led by Assam Don Bosco University (ADB) in collaboration with Hyderabad-based space engineering firm Dhruva Space. According to official records, no satellite from Northeast India had earlier been registered to any institution, making Lachit-1 a first for the region. Named after legendary Ahom general Lachit Borphukan, the satellite is designed to operate for about 12 months. It will monitor atmospheric and environmental parameters such as temperature, humidity, and pollution using Internet of Things (IoT) technology. The satellite is also equipped with a store-and-forward communication system, enabling it to relay short messages during emergencies when conventional communication networks are disrupted. Lachit-1 is a student-led mission developed entirely with ADB's own funding. The university launched its space programme in 2022 and has since expanded its work in satellite engineering, mission operations, and ground-station management. A dedicated Mission Control Room has been established at ADB's Tapesia campus near Guwahati to track and communicate with the satellite after deployment. Chief Minister Himanta Biswa Sarma also expressed his best wishes to Assam Don Bosco University on the eve of the historic launch of LACHIT-1, the Northeast's first satellite, aboard ISRO's PSLV-C62. He said the achievement reflects the state government's thrust on promoting science and technology and praised the efforts of the 50 students involved in the project. CM Sarma further said he was proud that the satellite has been named after the legendary Ahom general Lachit Borphukan, calling it a fitting tribute to Assam's history and spirit of innovation.

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নশৰ দেহ মৰ্যাদা সহকাৰে স্বগহলৈ অনাৰ পদক্ষেপ

আঁচনিথনৰ সন্ধিশেষ

শ্ৰী প্ৰেম
পা চৰ্দিপ্ৰসাৰ্থ



আবক্ষৰ ম্যাট যোগাযোগ দৰ্শনৰ্ম্ম-



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বৈশিষ্ট্যসমূহ

- বহিঃবাজ্যত বিশেষ পৰিস্থিতিত মৃত্যু হোৱা অসমৰ স্থায়ী বাসিন্দাৰ ক্ষেত্ৰত
এই আঁচনি প্ৰযোজ্য হ'ব
- আৰ্থিকভাৱে সবল শ্ৰেণী বা নিজাৰবীয়াকে ব্যৱস্থা কৰিব পৰা লোকৰ ক্ষেত্ৰত এই আঁচনি
প্ৰযোজ্য নহ'ব
- চিকিৎসাৰ বাবে বহিঃবাজালৈ যোৱা ৰোগীসকলক এই আঁচনিত সামৰি লোৱা নহ'ব
- আঁচনিখন কৰাগণত গৃহ আৰু বাজণেন্তিক বিভাগৰ তত্ত্বাৰথানানত অসম আৰক্ষীয়ে
সমন্বয় বক্তা কৰিব



Paresh Baishya's Diary 'Samayar Pandulipi' Released



Guwahati: The diary for the year 2025 of writer-journalist and educationist Paresh Baishya 'Samayar Pandulipi' was released at a solemn function held at West Baragaon Housefed Housing Complex in Guwahati on January 11. Explaining the purpose of the programme, Paresh Baishya said that he has been writing a diary regularly for the past forty years. But since 2023, he has been publishing his diary in book form. He added that though the diary is personal but it attempts to paint a picture of various aspects of social life specially of Assam. In his speech at the release of the diary, writer, critic and prominent essayist Jyoti Khataniar said that people usually do not dare to publish personal diaries in their lives. This is a bold move by Paresh Baishya. Diaries can provide a reliable source of writing about the lives of individuals. He also mentioned how the diary of Gopinath Bardoloi of Assam has given an opportunity to study his life. He also mentioned the importance of the diary of Kharsing Teron of Karbi Anglong which has not yet been published. He said Paresh Baishya's diary is extensive and carefully written. He hoped that Paresh Baishya's diary would occupy a special place in the development of Assamese diary literature. The meeting was attended by prominent education-

ist Dr. Dayananda Pathak. He said the foundation of Assamese diary literature was laid through the Guru Charit. Paresh Baishya's diary paints a beautiful picture of contemporary Assam. Speaking as the chief guest environmental scientist Dr. Abani Kumar Bhagwati said it is a historical mistake to assume that diaries contain all the truth. It is not easy to write all the truth in a diary. He said Paresh Baishya's diary portrays him as a sharp-sighted journalist despite being a writer. It is noteworthy that he tried to give his perspective on contemporary events in a tactful manner. He said Paresh Baishya's diary has gone one step further from a so called diary to a daily history. He added that writing a diary is a difficult task. It also puts life in order. The meeting was attended by retired professors of Guwahati University Dr. Bhupendra Roy Chowdhury who appreciated Baishya's exceptional efforts. Retired Professor Dr. Dibakar Chandra Das said that Paresh Baishya's diary 'Samayar Pandulipi' should be treated as a social history rather than an ordinary diary. Among others young writer Uddipana Khataniar and Paresh Baishya Foundation Trustee Purnima Das Baishya were also present in the meeting.



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